

Water Safety Tips

Here are some tips on keeping your children safe and still giving them the opportunity to make the most out of their swimming experience!

1. Enroll your children in swimming lessons. Make sure they learn how to swim from a trained professional.. A good swimming program will teach them how to be safe in and out of the water.
2. Never leave a child unattended. Accidents happen, but leaving a child unattended, even one that is a good swimmer, is an accident waiting to happen. Even if there is a lifeguard present, it's nearly impossible for him or her to keep an eye on everyone at the same time, and a swimming accident can happen in a split second.
3. Swim with your children. There is no better way to keep an eye on them! It's going to be hot, so hop in and cool off with your kids!
4. No diving in shallow water. Generally speaking, there should be no diving in water that is less than 9 feet deep. Diving in head first into a shallow pool is dangerous and can cause severe injury or even death. Make sure your kids are aware of how deep the water is!